

# TURN THE SECOND INNINGS OF LIFE INTO THE BEST PHASE OF LIFE.

Premium Assisted Living  
for elders @ Athulya



Old age isn't a time to grapple with woes and worries. It's time to sit back and enjoy the niceties of life. At Athulya, we ensure that old age is the most comfortable and caring phase of one's life. Our assisted living facilities are thoughtfully planned, we offer elderly freedom, privacy with a very secured and monitored environment that doesn't cause any hindrance in an elderly routine to enjoy their days. And we don't stop at that. We also facilitate immense support with medication management, personal care, housekeeping by trained professionals, transportation, and other day-to-day activities that can help the elderly enjoy without a worry in the world. Our trained and compassionate staff is always ready to help at every moment. It won't be an overstatement to say that choosing Athulya Assisted Living is like walking into a family and being loved and taken care of.

## A TRUSTED NAME IN GERIATRIC ASSISTED LIVING

**India's Largest Assisted  
Living Facilities**

**Modern Technology  
Enabled Assisted Living**

**Extensive Care and  
Support for the elderly**

**Safe and Comfortable  
Senior Assisted Living**



## WHAT MAKES ATHULYA A UNIQUE CHOICE - Services

### PROFESSIONAL CARE

A team of dedicated and trained geriatric professionals to ensure the global standard of assisted living with care and compassion

### SPECIALLY DESIGNED INFRASTRUCTURE

Purpose-built comfortable clinical beds and other utilities to provide the utmost comfort and safety to the elderly

### PEACEFUL AND ENGAGING ENVIRONMENT

Well planned activities, specially designed to rejuvenate the elderly's mind in the most engaging manner with like-minded people

### STRATEGICALLY LOCATED

Easily accessible in your neighbourhood which makes meeting the elderly easy and convenient without worrying about distance

### BALANCED AND NEED BASED NUTRITION

In house expert dietitians to plan everyday meal with fresh ingredients taking into consideration the elderly health and eating choices

### RENTAL MODEL

We make assisted living affordable. No need to think of long-term investments. Multiple choices of flexible rental plans



## BECAUSE A DAY WELL-SPENT IS A DAY WELL-LIVED - Activities

Athulya Assisted Living facilities offer a range of activities that keep the mind and body healthy of every resident. Hosts of tailor-made engagements for the elderly to build bonhomie among all the residents.



*Yoga and Meditation*



*Religious Places Visit*



*Walking Club*



*Learning New Art*



*Indoor/Outdoor Games*



*Spiritual & Religious Sessions*

## UNPARALLELED FACILITIES TO ENSURE COMFORT - Facilities at a glance

At Athulya Assisted Living erase any feeling of helplessness and isolation that a senior could possibly experience. Every facility has been specially crafted to ensure utmost comfort and safety of elderly. Our world-class amenities provide the great experience to lead a joyful life.



### Infrastructure

- Advanced clinical beds for extra comfort
- Specially designed furniture
- Clean and hygienic AC rooms
- Handrails on the wall for extra safety
- Fully furnished senior friendly rooms and facilities
- Anti-skid Floors
- Smoothly Carved Corner walls
- Prayer room



### Food & Support Services

- Nutritious food by qualified dietitians
- Housekeeping and laundry services



### Clinical Services

- 24x7 monitoring by qualified nurses
- Medical Doctors and specialists visits





## Tech Support

- › Round the clock wifi
- › Contactless vitals monitoring system
- › Nurse call bell system
- › Fall detection and well being monitoring system
- › 24x7 security monitoring with CCTV



## Services on demand

- › Transportation services
- › Hospital visits and coordinations
- › Assistance for banking and financial services
- › Purchasing their personal commodities
- › Additional nursing or nursing assistance support
- › Salon services
- › Medicines and medical consumables

## GREAT COMFORT MAKES GREAT STORIES

*"Very caring staff. Highly safe environment. Amazing good food and medical assistance. Helpful to be independent at 75. Very transparent and honest in their work. A good place to stay."*

**Sudarsh Kumar**

*"My father is staying in Athulya Perungudi for six weeks now and he is well taken care of in this facility. The accommodation is good, clean and have twice a day housekeeping."*

**Manju Radhakrishnan**





## OUR LOCATIONS

Chennai | Bangalore | Cochin | Coimbatore | Hyderabad | Trichy

**Athulya**  
Senior Care



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